APR 1 3 2005

Summary of Safety and Effectiveness:

Summary of Safety and Effectiveness

Applicant Information

Compex Technologies, Inc. 1811 Old Highway 8 New Brighton, MN 55112 Phone: (612) 638-0590

FAX: (612) 638-0479

Contact Person

Brian J. Edwards, M.S. Director of Regulatory Affairs & Quality Assurance

Date Summary Prepared

September 1, 2004

Device identification

Trade / Proprietary Name: IF 3Wave Interferential Muscle Stimulator System,

Model 7110S

Common / Usual Name: Muscle and Interferential Current

Classification Name: 21 CFR 890.5850 "Powered Muscle Stimulator"

Product Classification: Class II

Product Code: IPF

Legally Market Predicate Devices

The IF 3Wave Interferential Stimulator System, Model 7110S is comparable in type and function and are substantially equivalent to the following predicate devices.

Predicate Device	510(k) Number / Clearance Date
Staodyne, Inc. EMS+2 Neuromuscular Stimulation System	K926510 / August 11, 1993
Medical Devices, Inc. Model IF-II Interferential Stimulation System	K923914 / November 6, 1992
Staodyne, Inc. Model SporTX Pulsed Direct Current and TENS Stimulator	K921668 / August 3, 1992
Axelgaard Manufacturing Company TENS Pals Plus Electrodes	K872976 / September 22, 1987
Axelgaard Manufacturing Company Valutrode Electrodes	K970426 / May 9, 1997

Device Description

The IF 3Wave is a non-invasive medium/low frequency interferential muscle stimulation device intended for treating patients that have acute and chronic pain, edema, tight musculature, muscle spasms and muscular weakness due to disuse atrophy. The IF 3Wave stimulator is a microprocessor controlled dual channel Interferential electro-stimulator with neuro-muscular and pulse direct current stimulation capabilities. It will offer 4 separate electro-therapy stimulation modalities. These modalities are interferential, (IF), neuromuscular electrical stimulation (NMES), pulsed direct current (PDC) electrical stimulation, and a combination of interferential and neuromuscular electrical stimulation (IF/NMES).

The IF 3Wave will be capable of storing device settings, use, and compliance data for up to 90 days. It will be capable of down loading the above compliance date through a phone line modem, which is contained within the battery charger base. Once per month, the patient will be instructed to download the stored data from their device, which will create a patient compliance report which is forwarded to their physicians for review. The physician will review the report and provide adjustment to the patient treatment regimen and device setting accordingly.

Accessories provided with the IF 3Wave include lead wires, electrode pads, rechargeable battery pack, battery charger/modem, phone cable, power supply, and a users manual.

Technical Characteristics

The IF functional mode of the IF 3Wave is substantially equivalent to the functional mode of the Rehabilicare IF-II device.

Interferential Modality.

	Interferential Modality.		
	IF-II	IF 3Wave	
	Model 7100S	Model 7110S	
510(k) Number	K923914		
Manufacturer	Medical Devices, Inc.	Compex Technologies, Inc.	
Power Source	4 AA rechargeable batteries Line Powered Repack	Lithium ion polymer rechargeable battery.	
Weight	12 oz, with battery	12 oz, with battery	
Dimensions	3.2 x 5.2 x 1.15 in.	3.89 x 6.33 x 1.42 in	
Case Materials	ABS/PC Blend	Same	
Patient Leakage Current*			
Normal	Unknown	< 0.1 microamperes	
Single Fault	Unknown	2.4 microamperes	
Output Modes	1	3	
Number of Output Channels	2	Same	
Method of Channel Isolation	Transformer isolation	Same	
Regulated Current or Voltage	Voltage	Same	
Software, Firmware, Microprocessor Controlled	Yes	Same	
Automatic Overload Trip	No	Yes, 5 kohms	
Automatic No-Load Trip	Yes	Same	
Automatic Shut-off	Yes	Same	
Patient Override Controls	Yes	Same	
Indicator Display On/Off Status	Yes	Same	
Low Battery	Yes	Same	
Voltage, Current Level		Same	
Waveform	Symmetrical biphasic square wave with 0 net DC	Same	
Pulse Width	125 microseconds	Same	
Carrier Pulse Frequency	4000 Hz, fixed	Same	
(Channel 1)			
Adjustable Pulse Frequency	4001 – 4150 Hz	Same	
(Channel 2)		Como	
Interferential Beat Frequency	1 – 150 Hz	Same	
Pulse Amplitude	0 – 50 mA, adjustable in 1 mA steps into 500 ohm load	Same	

Indications for Use	Relieve acute pain	Same
	Relieve and manage chronic pain	
	Relax muscle spasms	
	Maintain and increase the range of motion	
	Increase local blood circulation	
Number of Continuous Treatments	1	Same
Continuous Treatment Time Selection	20 minutes, fixed	10 – 60 minutes, selectable in 5 minute steps
Number of Variable Sweep Programs	3	4
Sweep Treatment Time Selection	20 minutes, fixed	10 – 60 minutes, selectable in 5 minute steps
Sweep Program Cycle	1 sec Up / 1 sec Down	6 sec Up / 6 sec Down
Times	6 sec Up / 6 sec Down	12 sec Up / 12 sec Down
		24 sec Up / 24 sec Down
Number of Fixed Parameter Sweep Programs	0	7
Sweep Program Frequency Range	1 – 150 Hz, selectable continuously using a rheostat	1 – 150 Hz, selectable in 1 Hz steps
Maximum Charge per Pulse	120 microcoulombs	Same
Maximum Output Voltage	50 volts, peak-to-peak, 500 ohm load	Same
Peak Output Current	100 mA, peak-to-peak, 500 ohm load	Same
Net Charge per Pulse	0 microcoulombs, biphasic waveform	Same
Max Phase Charge	6.25 microcoulombs	Same
Max Current Density#	1.937 mA / cm ² (average)	Same
Max Power Density#	0.097 W/cm² (average)	Same
Burst Modes	N/A	N/A
Compliance with Voluntary Standards	Unknown	Yes, refer to page 43 of the submission for list

^{*}Patient Leakage Current was determined following test procedure within IEC 601-1

[#]These values were calculated using the average current over time, not pulse current, with a 500 ohm load.

The NMES functional mode of the IF 3Wave is substantially equivalent to the functional mode of the Rehabilicare EMS+2 device.

NMES Modality.

	NMES Modality.		
	EMS+2	IF 3Wave	
	Model 6840S	Model 7110S	
510(k) Number	K926510		
Manufacturer	Staodyne, Inc.	Compex Technologies, Inc.	
Power Source	9 volt battery – alkaline or nickel metal hydride rechargeable	Lithium ion polymer rechargeable battery.	
Weight	7.97 oz, with battery	12 oz, with battery	
Dimensions	5.4 x 3.2 x 1.2 in.	3.89 x 6.33 x 1.42 in	
Case Materials	ABS/PC Blend	Same	
Waveform	Symmetrical biphasic with zero net DC component	Same	
Patient Leakage Current*			
Normal	Unknown	< 0.1 microamperes	
Single Fault	Unknown	2.4 microamperes	
Output Modes	1	3	
Number of Output Channels	2	Same	
Method of Channel Isolation	N/A	Same	
Regulated Current or Voltage	Current	Same	
Software, Firmware, Microprocessor Controlled	Yes	Same	
Automatic Overload Trip	No	Same Same	
Automatic No-Load Trip	Yes		
Automatic Shut-off	Yes		
Patient Override Controls	Yes	Same	
Indicator Display			
On/Off Status	Yes	Same	
Low Battery	Yes	Same	
Voltage, Current Level	Yes	Same	
Number of Preset Programs	0	6	
Pulse Width	50 - 300 microseconds, adjustable	70 – 300 microseconds in 10 microsecond steps	
Pulse Frequency	4 – 80 Hz, adjustable	10 – 80 Hz in 5 Hz steps	
Pulse Amplitude	0 – 100 mA across a 1000 Ohm load, adjustable	0 – 100 mA in 1 mA steps across a 1000 Ohm load	
Indications for Use	Relax muscle spasms	Same	
THE PERSON OF TH	Prevent or retard disuse atrophy		
	Increase local blood circulation		
	Re-educate muscles		
	Maintain or increase the range of motion		

	Prevent venous thrombosis using immediate postsurgical stimulation on calf muscles		
Treatment Time Selection	15, 30, or 60 minutes, or Continuous, selectable	10 – 60 minutes, in 5 minute increments	
Cycle ON Time	0.5 - 30 seconds, adjustable	1 – 30 seconds, in 1 second increments	
Cycle OFF Time	0.1 - 60 seconds, adjustable	1 – 60 seconds, in 1 second increments	
Ramp-Up Time	0.1 - 6, adjustble	0 -10 seconds, in 1 second increments 0 - 10 seconds, in 0.5 second increments Same	
Ramp-Down Time	0.1 – 6 seconds, adjustable		
Maximum Output Voltage	100 volts, 0-to-peak, 1000 ohm load		
Peak Output Current	100 mA, 0 -to-peak, 1000 ohm load		
Maximum Charge per Pulse	30 microcoulombs	Same	
Net Charge per Pulse	0 microcoulombs, biphasic waveform	Same	
Max Phase Charge	30 microcoulombs	Same	
Max Current Density#	0.19 mA/cm² (average)	Same	
Max Power Density#	0.019 W/cm² (average)	N/A Yes, refer to page 43 of the submission for list	
Burst Modes	N/A		
Compliance with Voluntary Standards	Unknown		

^{*}Patient Leakage Current was determined following test procedure within IEC 601-1

[#]These values were calculated using the average current over time, not pulse current., with a 500 ohm load.

The PDC functional mode of the IF 3Wave is substantially equivalent to the functional mode of the Rehabilicare SporTX device.

PDC Modality.

	PDC Modality.	<u> </u>	
SporTX Model 7700S		IF 3Wave Model 7110S	
	Model 17003	Model / 1100	
510(k) Number	K921668		
Manufacturer	Staodyne, Inc.	Compex Technologies, Inc.	
Power Source	9 volt alkaline or rechargeable battery	Lithium ion polymer rechargeable battery.	
Weight	4.4 oz, with battery	12 oz, with battery 3.89 x 6.33 x 1.42 in	
Dimensions	2.1 x 4.2 x 0.9 in		
Case Materials	ABS/PC Blend	Same	
Patient Leakage Current*			
Normal	Unknown	< 0.1 microamperes	
Single Fault	Unknown	2.4 microamperes	
Output Modes	1	3	
Number of Output Channels	2	Same	
Method of Channel Isolation	N/A	Same	
Regulated Current or Voltage	Current	Same	
Software, Firmware, Microprocessor Controlled	Yes	Same Same Same	
Automatic Overload Trip	No		
Automatic No-Load Trip	Yes		
Automatic Shut-off	Yes		
Patient Override Controls	Yes	Same	
Indicator Display			
On/Off Status	Yes	Same	
Low Battery	Yes	Same	
Voltage, Current Level		Same	
Waveform 1	Symmetrical biphasic squarewave with zero net DC	Same	
Waveform 2	Unbalanced Triphasic with positive net DC		
Number of Preset Programs	0	3	
Pulse Width	Biphasic: 60 microseconds	Same	
I DIOC VVICUI	Triphasic: 60 microseconds		
Pulse Frequency	Biphasic: 278 Hz	Same	
· 1 V	Triphasic: 222 Hz		
Pulse Amplitude	0 – 100 mA across a 1000 Ohm Load, adjustable	0 – 100 mA in 1 mA increments across a 1000 Ohm load	
Indications for Use	Reduction of edema (under negative electrode)	Same	

	Reduction of muscle spasm Influencing local blood circulation Retardation or prevention of disuse atrophy Facilitation of voluntary motor function Maintenance or increase of range of motion		
Treatment Time Selection	38 minutes or Continuous, selectable	30 – 60 minutes, in 5 minute increments	
Maximum Output Voltage	100 Volts, 100 ohm load	Same	
Maximum Charge per Pulse	6 microcoulombs	Same	
Average DC Current	266 microamperes	300 microamperes	
Net Charge per Pulse	0 microcoulombs, biphasic waveform	Same	
Max Phase Charge	60 microcoulombs per pulse	Same	
Max Current Density#	0.13 mA/cm² (average)	Same	
Max Power Density#	0.013 W/cm² (average)	Same	
Burst Modes	N/A	N/A Yes, refer to page 43 of the submission for list	
Compliance with Voluntary Standards	Unknown		

^{*}Patient Leakage Current was determined following test procedure within IEC 601-1

[#]These values were calculated using the average current over time, not pulse current, with a 500 ohm load.

Indications for use

The IF 3Wave Interferential Stimulator System is intended for:

Interferential stimulation can be used for the following applications:

- Relieve acute pain
- Relieve and manage chronic pain
- Relax muscle spasms
- Maintain and increase the range of motion
- Increase local blood circulation

Neuromuscular stimulation can be used for the following applications:

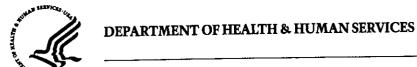
- Relax muscle spasms
- Prevent or retard disuse atrophy
- Increase local blood circulation
- Re-educate muscles
- Maintain or increase the range of motion
- Prevent venous thrombosis using immediate postsurgical stimulation on calf muscles

Pulsed direct current stimulation can be used for the following applications:

- Reduction of edema (under negative electrode)
- Reduction of muscle spasm
- Influencing local blood circulation (under negative electrode)
- Retardation or prevention of disuse atrophy
- Facilitation of voluntary motor function
- Maintenance or increase of range of motion

Interferential and Neuromuscular combination stimulation can be used for the following applications:

- Reduction of edema (under negative electrode)
- Reduction of muscle spasm



APR 1 3 2005

Food and Drug Administration 9200 Corporate Boulevard Rockville MD 20850

Compex Technologies, Inc. c/o Mr. Daniel Lehtonen Intertek Testing Services 70 Codman Hill Road Boxborough, Massachusetts 01719

Re: K050046

Trade/Device Name: IF 3 Wave Interferential Muscle Stimulator System, Model 7110S

Regulation Numbers: 21 CFR 890.5850, 21 CFR 882.5890

Regulation Name: Powered muscle stimulator, Transcutaneous electrical nerve stimulator

for pain relief and Interferential current therapy

Regulatory Class: II

Product Codes: GZJ, IPF and LIH

Dated: March 28, 2005 Received: March 29, 2005

Dear Mr. Lehtonen:

We have reviewed your Section 510(k) premarket notification of intent to market the device referenced above and have determined the device is substantially equivalent (for the indications for use stated in the enclosure) to legally marketed predicate devices marketed in interstate commerce prior to May 28, 1976, the enactment date of the Medical Device Amendments, or to devices that have been reclassified in accordance with the provisions of the Federal Food, Drug, and Cosmetic Act (Act) that do not require approval of a premarket approval application (PMA). You may, therefore, market the device, subject to the general controls provisions of the Act. The general controls provisions of the Act include requirements for annual registration, listing of devices, good manufacturing practice, labeling, and prohibitions against misbranding and adulteration.

If your device is classified (see above) into either class II (Special Controls) or class III (PMA), it may be subject to such additional controls. Existing major regulations affecting your device can be found in the Code of Federal Regulations, Title 21, Parts 800 to 898. In addition, FDA may publish further announcements concerning your device in the <u>Federal Register</u>.

Please be advised that FDA's issuance of a substantial equivalence determination does not mean that FDA has made a determination that your device complies with other requirements of the Act or any Federal statutes and regulations administered by other Federal agencies. You must comply with all the Act's requirements, including, but not limited to: registration and listing (21 CFR Part 807); labeling (21 CFR Part 801); good manufacturing practice requirements as set forth in the quality systems (QS) regulation (21 CFR Part 820); and if applicable, the electronic product radiation control provisions (Sections 531-542 of the Act); 21 CFR 1000-1050.

Page 2 - Mr. Daniel Lehtonen

This letter will allow you to begin marketing your device as described in your Section 510(k) premarket notification. The FDA finding of substantial equivalence of your device to a legally marketed predicate device results in a classification for your device and thus, permits your device to proceed to the market.

If you desire specific advice for your device on our labeling regulation (21 CFR Part 801), please contact the Office of Compliance at (240) 276-0120. Also, please note the regulation entitled, "Misbranding by reference to premarket notification" (21 CFR Part 807.97). You may obtain other general information on your responsibilities under the Act from the Division of Small Manufacturers, International and Consumer Assistance at its toll-free number (800) 638-2041 or (301) 443-6597 or at its Internet address http://www.fda.gov/cdrh/industry/support/index.html.

Sincerely yours,

Miriam Provost, Ph.D.

Acting Director

Division of General, Restorative and Neurological Devices
Office of Device Evaluation

Center for Devices and

Radiological Health

Enclosure

MAN			

510(k) Number (if known): <u>K050046</u>

Device Name

Compex Technologies IF 3Wave Interferential Stimulator System, Model 7110S.

Indications for Use

Interferential stimulation can be used for the following applications:

- Relieve acute pain
- Relieve and manage chronic pain
- Relax muscle spasms
- Maintain and increase the range of motion
- Increase local blood circulation

Neuromuscular stimulation can be used for the following applications:

- Relax muscle spasms
- Prevent or retard disuse atrophy
- Increase local blood circulation
- Re-educate muscles
- Maintain or increase the range of motion
- Prevent venous thrombosis using immediate postsurgical stimulation on calf muscles

Pulsed direct current stimulation can be used for the following applications:

- Reduction of edema (under negative electrode)
- Reduction of muscle spasm
- Influencing local blood circulation (under negative electrode)
- Retardation or prevention of disuse atrophy
- Facilitation of voluntary motor function
- Maintenance or increase of range of motion

Prescription Use _X__ (Part 21 CFR 801 Subpart D)

AND/OR

Over-The-Counter Use _____(21 CFR 801 Subpart C)

(PLEASE DO NOT WRITE BELOW THIS LINE-CONTINUE ON ANOTHER PAGE OF NEEDED)

Concurrence of CDRH, Office of Device Evaluation (ODE)

Restorative

K050046